



William Barnes Primary School

PE Subject Statement

Excellent teaching gives children the life chances they deserve; children learn better when they are engaged with their learning and we endeavour to achieve this through high-quality teaching. Education is for all, not the few as all children have the right to be the best they can be. At William Barnes, we aspire to foster a love of learning alongside the development of the well-rounded child.

Preparing Children for Life

We believe that we are preparing children for successful futures. We aim for them to be independent thinkers, confident, interested learners and global citizens, equipped to live, work in and contribute to society.

At William Barnes Primary School, we believe that children deserve:

- A strong sense of belonging fostered through positive relationships;
- High-quality feedback that moves their learning forward;
- Appropriate support to overcome specific barriers that they may face.
- Routines that provide consistency and stability throughout the school day.
- Children are able to be curious about different areas of learning.
- Children are given the opportunity to experience the widest variety of the written and spoken word possible with a vocabulary rich curriculum and school experience.
- Academic and pastoral experiences serve to enhance

Knowledge and Skills

As a school, we believe in the equal relationship between knowledge and skills in our curriculum.

We believe that:

- Knowledge can be declarative (to know that) or procedural (to know how to).
- Both these forms are important and that declarative knowledge is turned into procedural knowledge through action and the act of practising and applying.
- Skills can be procedural knowledge as a result of the application of declarative knowledge.
- Skills can be linked to dispositions and behaviours.

In short, skills often procedural knowledge and are linked intrinsically to declarative knowledge.

We prefer to see the debate laid out as:

Knowledge → Comprehension → Application → Evaluation

Parents and carers

Evidence shows that *“Parental engagement has a positive impact on average of 4 months’ additional progress.”* (EEF) Parents and Carers are a vital part of the learning process at every step of a pupil’s journey through our school therefore we work together with families to support their children’s learning.

“For all children, the quality of the home learning environment is more important for intellectual and social development than parental occupation, education and income. What parents do is more important than who parents are.” (EPPE)

William Barnes



Where every child counts

Current Practice

Vision and Mission

At William Barnes Primary School, all children should be given the opportunity to a high-quality curriculum that inspires all to succeed and excel in physically demanding situations and competitive sport. The curriculum should complement health and fitness to develop physical confidence and embed values such as fairness and respect.

Aims

The national curriculum for physical education aims to ensure all that pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Objectives

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Key stage 1 pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns

Key stage 2

Document Owner:

Review Date:

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success

Key stage 2 pupils should be taught to:

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games modified where appropriate and apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively
- Perform safe self-rescue in different water-based situations.

Curriculum overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

Document Owner:

Review Date:

Reception	Gymnastics	Gymnastics	Dance	Dance	Multi-skills	Swimming
Year 1	Orienteering Games	Games Dance	Games Gymnastics	Games Gymnastics	Games Dance	Swimming Games
Year 2	Orienteering Multi-skills	Games - Unihoc Dance	Games - Multiskills Gymnastics	Games - Tennis Dance	Athletics Rounders	Swimming
Year 3	Dance Net/ wall – Tennis	Gymnastics Invasion – Netball	Dance Invasion – Hockey	Dance Invasion – Tag rugby	Athletics Striking/ fielding - Rounders	Athletics Swimming
Year 4	Gymnastics Invasion – Football	Dance Orienteering	Dance Invasion – Netball	Gymnastics Invasion – Basketball	Athletics Striking/ fielding – Rounders	Swimming Net/ wall – Tennis
Year 5	Net/ wall – Tennis (Forest School)	Dance Invasion – Tag-rugby	Invasion – Hockey Gymnastics	Gymnastics Invasion - Netball	Athletics Striking/ fielding – Cricket	Swimming
Year 6	Dance Invasion – Hockey	Dance Net/ wall – Tennis	Gymnastics Invasion – La Crosse	Gymnastics Invasion - Netball	Athletics Invasion – Handball	Swimming

Document Owner:
Review Date:

IMPLEMENTATION

How We Teach

At William Barnes Primary School, there is a minimum of 2 hours of scheduled physical education per week. This will focus on a range of fundamental movement skills and competitive games individually and within a team including tactical attacking/defending led by teachers and specialist sports coaches. An outline of physical education entitlement is below.

Year group	PE entitlement	
	Indoor – Hall space	Outdoor
Reception	1 hour	Unlimited opportunities for outdoor play experiences.
Year 1	1 hour	1 hour
Year 2	1 hour	1 hour
Year 3	1 hour	1 hour
Year 4	1 hour	1 hour
Year 5	1 hour	1 hour
Year 6	1 hour	1 hour

Teacher led physical education

All staff have access to a bank of structured lessons through physical education schemes of work. The scheme of work provides a lesson by lesson approach that promotes individual excellence while ensuring appropriate progression throughout the school beginning at Reception and ending with Year 6. Lessons are planned to cover the National Curriculum themes of athletics, dance, gymnastics, OAA and games (net and wall, invasion and striking and fielding). The curriculum considers the importance of both the breadth and depth of learning. Throughout the academic

Document Owner:

Review Date:

year, the allocated 2 hours curriculum time per week is split between the class teacher and specialist sports coach.

Specialist led physical education

William Barnes Primary School enhance the physical education curriculum with the addition of specialised sports coaches that led sessions with children. Coaches also provide essential continual professional development for teaching staff raising the standard of physical education at William Barnes.

Specialised coaches are provided by Premier Education and work alongside William Barnes' teachers to ensure high quality physical education is being delivered and assessed.

Intra-House competition

With a focus of competitive game play including tactical decisioning, the William Barnes Intra-House competition takes place throughout the whole of the academic year. At the end of each half term, key stage 2 classes will compete in their houses (Meadown, Cedar, Stour, Bulbarrow) in a sporting competition centered on that half term's learning. Scores are recorded and added to the on-going House Competition notice board with 5 points for a win, 3 points for a score draw, 2 points for a non-scoring draw and 1 point for a loss. This guarantees that all children at William Barnes Primary School will have many opportunities for playing sport in a competitive manner.

Personal bests

Pupils of William Barnes Primary School are always encouraged to reach their full potential, and this is no different in physical education. *Pupils should compare their performances with previous ones and demonstrate improvement to achieve their personal best.* This is present with athletics and half termly timed cross country runs. Children are aware of their personal bests and are inspired to improve.

Inter-School competition

William Barnes also offers opportunities for Inter-School sport through a rich and varied sporting calendar against local schools. These include: football (girls, year 2, year 3/4, year 5/6), orienteering, tag-rugby (A/B team), boccia, netball, dodgeball, cross country (years 3, 4, 5 and 6 – A/B team), handball, quad kids (years 3 and 4), rounders (year 3 and key stage 1), cricket, athletics, tennis and swimming galas/aquathons.

Active curriculum

Alongside the 2 hours of timetabled physical education per week, William Barnes offers an active curriculum. Teachers are also encouraged to use physicality within

other curricular areas, and this is highlighted on lesson planning. During break times, children are provided with a range of different sporting resources so they can continue to develop fundamental movement skills through play.

In reception and key stage 1, the active curriculum is complemented by using programmes such as BBC supermovers, GoNoodle, Jump Start Jonny and Cosmic Yoga. Reception will also start the day with Storycise developing both gross and fine motor skills. Children in reception also have unlimited opportunities for physicality and movement using their explicit outside area.

More Able

During the summer term, recognised more able sports people can extend and enhance their skill set through specialised small group coaching. Children from years 1 – 6 are chosen by class teachers and work with a Premier Sport coach over a period of 6 weeks.

More able sports people are also encouraged to join local out of school sports clubs with the school maintaining many links with these clubs. Sports clubs visit the school to provide taster sessions and/or assemblies to encourage participation. Details for links with out of school clubs are displayed in the sports notice board on the school playground. Children are also encouraged to share awards and certificates they have earned from out of school clubs during assembly time.

Sports Ambassadors and leadership

Each year a highly motivated group of year 6 children apply in writing to become sports ambassadors. These children attend training provided by Sainsburys as part of the Bronze Sports Ambassador Scheme. These children then support physical education and sporting events within William Barnes including planning, organising and leading a 'Change for Life' club for selected key stage 1 children.

The sports ambassadors join with the physical education leader to create the 'sports crew.' Meeting at least once a half term, they discuss issues surrounding physical education at William Barnes. They will also support in all sporting events held at the school.

Sainsburys' School Sports Day

Each year sports day occurs in July. During the morning, key stage 1 children participate in their traditional sports day with the sports ambassadors supervising and supporting races. Meanwhile, key stage 2 compete in Intra-House sporting competitions within their classes. In the afternoon, key stage 2 children participate in their sports day with the afternoon culminating in the awarding of the house cup to the team with the most house points from the academic year.

Outdoor adventurous activities

Pupils at William Barnes Primary School take part in outdoor and adventurous activity challenges both individually and within a team. An annual residential trip to

PGL in Osmington for year 6 pupils allows them to experience a range of adventurous outdoor activity led by highly trained instructors. Activities vary each year but include abseiling, zip wire, raft building and trapeze.

Year 5 children partake in a demanding adventurous coastal hike along the Jurassic coast including Old Harry Rocks during their Leeson House residential trip.

During the spring term, year 4 children experience a one-night trip to Carey Camp. While there, children have the opportunity to learn archery using professional equipment and engage in some adventurous tree climbing.

Extra-curricular physical education and sport

Extra-curricular physical education and sport allows William Barnes pupils to experience a range of different sports that they may not be able to experience otherwise. Clubs are planned, organised and delivered by teachers utilizing their strong understanding and knowledge of playing and coaching sports.

Specialised sports coaches are also employed by the school for non-traditional extra-curricular sport to extend the number of sporting opportunities William Barnes provides. Allowing children to experience sports such as fencing, archery, handball, tennis, and basketball led by experts.

Support

Professional support for staff in physical education takes on many forms:

- Schemes of work are available for teaching staff to ensure lessons have a clear outcome while using their own expertise to adapt and improve.
- Specialised sports coaches provide outstanding physical education lessons which upskill current teaching staff in their confidence, knowledge and understanding of teaching physical education through observations and discussions.
- Frequent formal and informal staff meetings to update physical education and discuss good practice.
- Annual Reach, Rescue and Resuscitation training for all staff before the swimming season.
- A varied and well stocked sports cupboard of high-quality resources.
- Strong links with other local primary schools through a rich inter-house sporting calendar.

Parents

At William Barnes Primary School, we believe that parents and teachers working together is highly beneficial to long term quality teaching.

Parents are involved with physical education in the following areas:

Document Owner:
Review Date:

- Open lessons where parents may come and join in/support during Family Learning Weeks
- Building links with local sports clubs
- Inviting parents to join whole school sporting events
- Officiating in interschool sport

IMPACT

Assessment – summative and formative

Summative and formative assessment in physical education lessons at William Barnes Primary School is carried out by class teachers:

- Informally during the course of teaching through observation that children can immediately react to.
- At the end of a unit of work, teachers make judgements as to whether a child has met, exceeded, or is working towards the expectations for that unit of work.
- Annual assessment of progress recorded in children's end of year reports.
- Summative assessment available on Premier Education Portal when taught by a Premier Education coach.