

**'We' Project for Next Year** Over the last year, the children at William Barnes have been given the opportunity to influence the world beyond our school gates in a variety of ways. They have raised money for charities, received the Eco-School award and learnt about the importance of saving energy and developing biodiversity. Next year, the staff are going to work with the children to produce a list of 100 ways that William Barnes can change the world. This is part of a larger project to involve 100 schools all thinking of 100 ways each to change the world. This would result 10,000 combined actions from all of the primary schools involved that could be celebrated in an annual 'We Day'. The idea is to help children to realise that

- Pupil's actions can make a difference, no matter how small
- Pupil's actions can extend beyond the school gates and can include the '100 actions' and a 'We Day'.
- A range of rich extra curricular experiences are offered to pupils such as trip to galleries and Theatre
- Families can get involved again extending the project beyond the school gates—for example when families have donated cuddly toys for Born Free Day or materials for the Forest School.

Next year, the children and staff ask that everyone has their thinking caps on to help us make the 'We' Project a huge success and teach the children that together we can change the world.



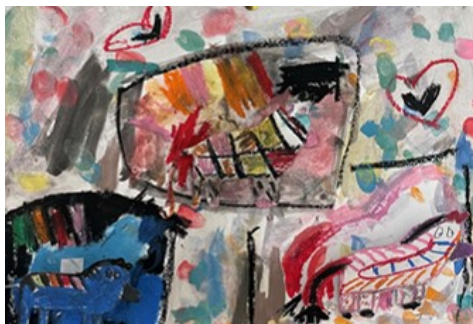
**Well Done Mr Newman** Many of you may not realise that Mr Newman is not only an inspiring and talented KS1 and KS2 teacher, he is also the mastermind who pulls the strings behind all of the sport in the local cluster of schools. Before the last change in government, school sport was organised by professionals called 'School Games Organisers' who worked 2 days a week to put together the annual program of events. Each cluster of schools has their own SGO. In 2010, the New government maintained the funding for school sports, but removed the network of SGOs across the country, expecting teachers like Mr Newman to take up the slack without any reward apart from the satisfaction of making a difference. As a result, when a rounders, aquathon, athletics, tag rugby, dodgeball, or football event takes place between Child-Okeford, Shillingstone, Stalbridge, Hazelbury Bryan and William Barnes, you can be assured that Mr Newman will have been helping behind the scenes.

At William Barnes, Mr Newman is also the PE leader, responsible for ensuring that the school maintains its status as a 'Gold' mark school for sport. To achieve this, the school has to fulfil a host of criteria including offering chances for children to compete with other schools and chances for less active children to be encouraged by our sports ambassadors to participate in a lunchtime sports club. This year, Mr Newman has done a brilliant job in meeting a range of new expectations to achieve the Gold Mark for the 8th successive year.

Finally, all the staff and children would to thank Mr Newman for his amazing hard work keeping the school pool running. This involves organising swimming pool first aid training for staff and volunteers, providing lesson plans and ideas for swimming coaching, ensuring that all the equipment needed for lessons is replaced each year, that the heating and recycling systems are functioning properly, as well as checking each day that the water has the right balance of water and chlorine to be safe for the children to use and finally decommissioning the pool at the end of the Summer term.



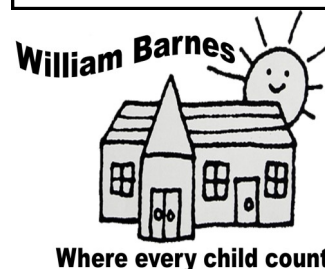
**Art Continues to Thrive at William Barnes** Whether it be year 5 completing Stone Age style art, year 6 enjoying their visit to the top galleries in London or year 3 exploring a range of media, art continues to be a strength at Sturminster Newton's only primary school. Look out for the new Take One Picture project displays that will light up the corridor display boards once the corridors have been redecorated over the Summer.







"A good school with outstanding pupil behaviour"- "Most groups of children make outstanding progress"  
OFSTED July 2013  
"A good school" - OFSTED March 2017 and 2023



The newspaper of William Barnes Primary School has been written by the staff and pupils to celebrate the school's successes. If you have any ideas or comments concerning the newspaper, please speak to Mrs Wrixon or Mr Hull. Issue 54 Summer 23

**New Focus On The Wider World for William Barnes Children** As the school celebrates twenty three years of successful 'good' OFSTED inspections following the publication of its latest report this Spring, Mrs Wrixon has exciting plans to widen the perspective of teachers and the children to more far reaching goals. During this past year and next, the staff are hoping to build upon the school's success at being awarded the 'Global Education' award by asking the children questions such as 'how can you make a difference in the world beyond the school gates?' and 'what skills and attitudes will help you to become a positive force for change in the world?' With our present curriculum already expanding the children's understanding of other cultures beyond simple stereotypes, through in depth studies of Australia, the Himalayan region of Ladakh, the Malala project, Born Free days, and our Discovery RE and Jigsaw PE schemes, the school already has a firm foundation on which to build. Read on to find out more about our recently awarded Eco School award, OFSTED's praise for our children's values and attitudes and plans to be involved in an inspirational national initiative known simply as the 'We Project.'

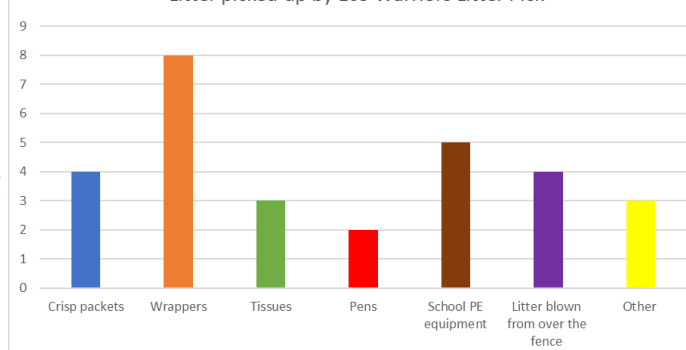
**William Barnes Achieves Eco Schools Award** It seems remarkable to think that only 15 months ago, the first children at William Barnes began to enjoy Wednesday afternoons learning about the environment, biodiversity, nature based art and



survival skills such as fire making and shelter building in our very own bespoke and individually designed Forest School. Each half term throughout the year a different class has the opportunity to enjoy the fresh air whilst increasing their connection with the environment and the great outdoors. At lunchtimes, a group of particularly enthusiastic 'Eco-warriors' planned the school's route towards our recent achievement of the Eco Schools award, with children across the school and during the extra curricular Forest School club putting the different strands of the plan into action. Led brilliantly by specialist teacher Miss Tabor, the school was proud to learn during the Summer term that we had achieved 'Green Flag' Eco status and had received the Eco Schools award. To achieve this, the children had to gather evidence to prove the progress they had made in improving the school environment, designing and then building a bio-diverse forest school area and saving energy throughout the various school buildings.



Litter picked up by Eco Warriors Litter Pick







**Keep William Barnes Tidy** The first of the three areas that the children focussed on was to analyse the litter that was spoiling the school's environment and what could be done about it. The Eco-warriors organised a litter pick and found that wrappers were the most widely found item in the school grounds. They also found there was more litter in the KS1 and reception playgrounds than in the KS2. To resolve this, the Eco-Warriors spoke about the importance of looking after and respecting the school environment during assembly time. However, all the children were impressed by how small the amount of litter was across the site, indicating that all the children were already aware of the need to use the pencil bins provided around the site rather than dropping wrappers on the floor.



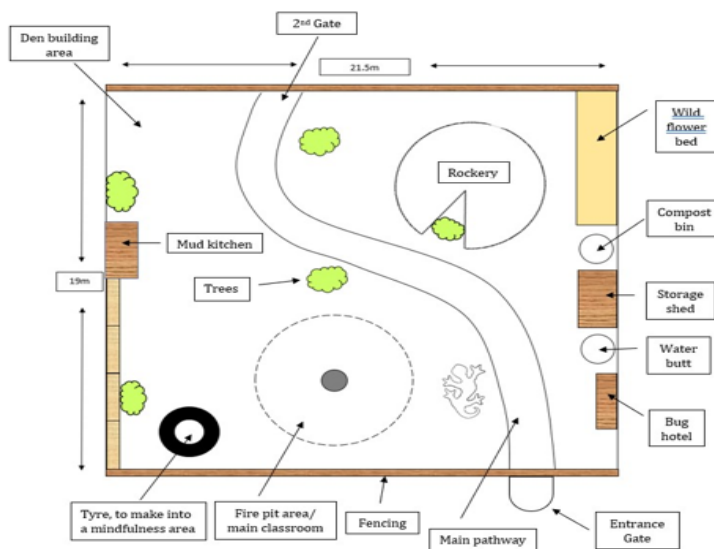
### Children Design and Develop Bio-diverse Forest School Area

The second stage of the development of the Forest school initiative involved making a plan for the layout of our forest school area. With the help of Eco-Warriors, a bird's eye view of how the children wanted the Forest school to look when it had been completed was made. To encourage bio-diversity, a wild flower area was included to attract butterflies, homes for different kinds of insects were planned in the form of various 'bug hotels' and a hedgehog house was also built into the final design. Gradually over the next year or so, all of these areas have been put together by the children to create a really wonderful educational space that enriches the school grounds.



### Saving Energy Across the School

The final theme for the application for the Eco School's award was to raise awareness around the waste of energy. Again, the Eco-warriors were heavily involved creating a series of posters that were put up around the school. The children were given a slot in assembly time to talk about how to stop wasting energy. As a result, each class chose children to remember to turn off the lights and close the classroom doors to keep heat in on cold days.



### OfSTED Praises the Children's Attitudes

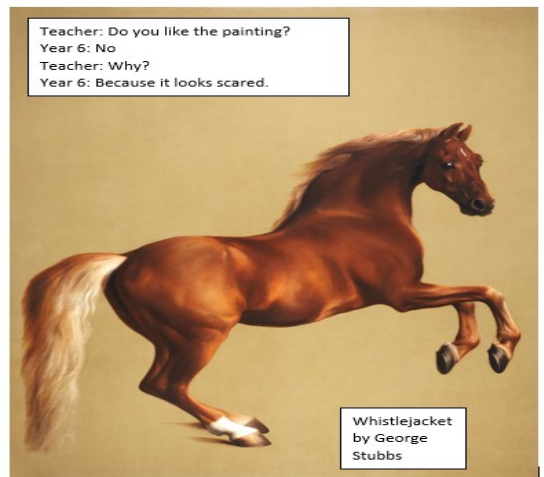
As the staff at William Barnes make plans to broaden the horizons of the children in further, OFSTED recently reserved high praise for the attitudes and values of the children interviewed as part of various 'deep dives' into the quality of education and health and well-being of the children at the school. Inspectors said that ' Leaders have designed a rich curriculum to prepare pupils to be 'global-ready' citizens. This curriculum provides pupils with opportunities to learn about the world beyond the school gates. It also reflects the school's locality. Pupils gain an awareness of different cultures through the wider curriculum. This is particularly strong in art and music. As a result, they are exceptionally well informed about diversity and difference. Pupils are accepting in their outlook and willing to challenge prejudice and discrimination.'



**London Art Gallery Trip** One of the highlights of Year 6 at William Barnes Primary School is the London Gallery Art Trip. After a 5.45am arrival at school, we arrived at Trafalgar Square on time and spent a couple of hours in The National Gallery - Leonardo's Virgin of the Rocks and Stubbs' Whistlejacket were key favourites. Lunch on the South Bank was followed by a walk to the Tate Modern and Millenium Bridge. There were several landmarks for the children to find along the way - when they were spotted, the class were given £1 each time and had to vote on whether the £1 was:

- Given to a street artist
- Donated to one of the Galleries
- Spent on sweets for the class

After much discussion and several re-votes, the class finally voted for giving the money to the galleries / street artist! The class returned home tired but happy! (RF)



**Oracy is Nothing New at William Barnes** You may have heard in the news that there are plans in the pipeline to refocus on 'oracy' (or speaking and listening as it was known before 2010). In 2014, when the new curriculum was introduced into schools, the ability to speak to an audience, pronounce words clearly, debate ideas and listen carefully to different points of view, was implied but not specifically mentioned by the government, with the emphasis shifting to learning phonics, improving reading and developing writing. Recognising this missing link in children's learning and responding to the latest research, Mr Field led the staff through a year long 'Oracy project' which drew on key aspects of the pre-2014 programmes of study. Some of the children may remember the monthly 'Talk Tuesday' when the whole school day was devoted to activities that did not involve any writing at all. The school's recent focus on developing vocabulary through various activities including 'Vocabulary Ninja' and an approach to improving the children's expressive reading called 'Reading Theatre' all build on the foundations laid by the school's 'Oracy Project'.

**Writing in Reception!** This year, the children have worked so incredibly hard at their writing skills. We've moved from writing our names at the start of the year, to labelling pictures, writing captions and now finishing the year with writing simple sentences. The children love to continue to practise their writing during our 'Let's Explore' time by using our inspiring writing area in the classroom. Mr Field and year 6 often encourage our writing by handing out certificates to celebrate our work. We are so proud of our independent writers and can't wait to see how their fabulous writing continues to develop in year 1. (NL)

**Wellbeing Updates!** This term, we have been fortunate to start up a 'Wellbeing club' on Monday lunchtimes. It has been wonderful to see how children have settled and relaxed into chatting, supporting and playing alongside children from different year groups in Key Stage 2. It is led by Mrs Chant and Mrs



Lewis and allows children to start their week off positively and in the right mind set for learning and progressing through the week. We provide a range of activities from board games to simple art and craft projects. Dorset Mind is a pioneering local charity supporting local people with mental health challenges. They educate, challenge mental health stigma and offer services across Dorset. We were lucky enough to have them visit and deliver a workshop for year 5 and 6 children focusing on how they can look after their own wellbeing. (NL)

Across school, we are introducing the approach to the children 'The Five Steps to Wellbeing'. Evidence suggests there are 5 steps you can take to improve your mental health and wellbeing. Trying these things could help you feel more positive and able to get the most out of life. The 5 steps are connect with other people, be physically active, learn new skills, give to others and be mindful and present. (NL)



**Sports Day!** Reception and Key Stage 1 sports day was a great success. The children participated with great enthusiasm. They ran



4 races: the egg and spoon, the spinning race, the skipping race and the flat run race. It was lovely to see them cheering on their team mates and all taking part with such excitement and determination. The children were very fortunate to practise



for sports day with our PE lead, Mr Newman, which they thoroughly enjoyed doing. It was great to have so many supportive family members and friends attending, cheering on and encouraging the children. Thank you to our very responsible sports ambassadors who helped run the event for us this year. Well done, everyone! (NL)

**Playground Plants** In the Spring edition of Barnestorm, I wrote about how pleased we were with the grant money from Dorset Gardens Trust. I am delighted to say the herb planter is now flourishing and we have a beautiful smelling mini herb garden! Also the water butt has recently been installed providing us with water to keep all the plants alive. We have also installed the 2 bug hotels and are eagerly awaiting guests! We have another new purchase in the Reception Area - a sand shed, the old



sand pit had become unusable, so we have upgraded to a sand shed and as I write this article the sand is being deposited by children and staff in to the shed itself!

Our topic this half term has been 'All Creatures Great and Small' and we have enjoyed learning about lots of different animals. Part of our studies focused on minibeasts and we are delighted to say we have hatched four painted lady butterflies from caterpillar larvae. This week we have released them into the wild. (HD)



**Born Free Forever!** After raising over £200 for the Malala Foundation, year 6 turned their attention to more of the Global Goals - 'Life on Land' and 'Life Below Water'. After learning about the work of the Foundation, they decided which money raising events they would organise on the day. Non-school uniform (spots and stripes), a cake stall, soft toy stall and the selling of Born Free Foundation Bookmarks were decided upon. Having finished the school production just a few days before, year 6 have continued to use their time fruitfully right until the term's end. (RF)

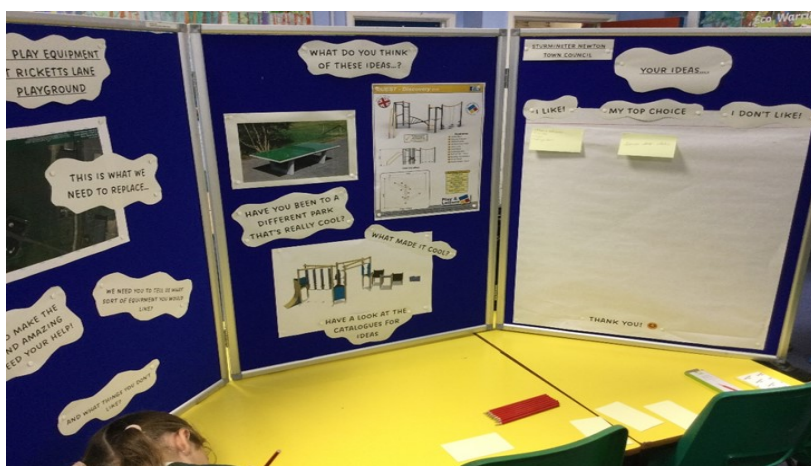




**Average Attendance at 94% for the Whole Year. This is a 1% improvement on the Spring term.** High attendance makes a huge difference to the children's progress; The staff and governors would like to thank the parents for playing their part in helping the school to move towards our pre-pandemic target of 97%.

Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
93%	93%	94%	96%	95%	94%	92%

**A pleasant play park planning meeting!** On Tuesday, 20 June our School council met local town councillors to discuss ideas for new play equipment that will be installed at the recreational ground next to school. The current plan is to keep the existing equipment in the fenced area and look to replace the zip line with other equipment. The School Council had a chance to look at catalogues and



discussed what they liked and disliked about current play equipment around Sturminster. Some of the ideas of what could go into the play park were seesaws, basketball nets, table tennis tables and swings. The town council have left with our ideas and will investigate different options. They will visit us again when they have some finalised plans to get the children's go ahead! This was a great opportunity for children to use their British value of democracy and have their voices heard on projects going on in the local community. (LC)

**William Barnes Hosted Year 4 Singing Day on 21<sup>st</sup> June 2023** We were joined by the other local primary schools for a whole day of music, crafts and PE. The day was based on Nursey rhymes. The children learnt to sing nursery rhymes and preformed



these all together at the end of the day. With Miss Cox, the children crafted using paper plates to represent a nursey rhyme of their choice. The children enjoyed mixing with children from other schools, "I enjoyed seeing old friends and meeting new ones" Noah, Year 4. (LC)



**Decorative reflection:** In RE year 4 have been answering the question, do people need to go to Church to show they are Christain? We have focused on the features of a Church, identifying the use of the font, lectern, altar and pulpit. Our class discussions have been all about how a Christian feels when they go to Church and whether being a Christian happens both in and out of Church. We completed our half term topic by decorating biscuits with an image that reflects a piece of learning that has taken place. Year 4 have worked extremely hard in RE lessons this year and have produced some wonderful work. (DM)



**Viking Heroes** This term for history Year 4 have been learning about Viking life in Britain and have started to create their own version of Viking Longships for their D&T project.

They have used a variety of joining techniques, a variety of different materials to create their own uniquely designed longships. We have also read 'How to train your dragon' and the children have created their own wonderful playscripts to add an extra scene from the book into the movie. In our new scene Hiccup, our unlikely Viking Hero, has discovered that dragons enjoy jokes! (LC)

**Carry on Camping for Year 4** In May, Year 4 had a wonderful time at Carey Camp. The children had been looking forward to the exciting trip all year. The children were fortunate



enough to take part in a range of activities: archery, tunnels, low ropes, den building, orienteering, fire lighting, wall climbing and some other team-work related activities. We enjoyed a talent show indoors as unfortunately the campfire was cancelled due to the rain. The children slept in bell



tents overnight and all showed great resilience as the night-time air was a bit chilly and it rained while we packed up! Well done Year 4. (LC)



**Farewell to Mrs Howarth, Mr Pyrke and Mrs Quinn** After more than a decade of working at William Barnes, Mrs Howarth has decided that it's time to move onto pastures new.

Although Mrs Howarth will not be working as a teaching assistant anymore, she will not be fully retired and plans to balance her time between long bike rides, bird watching, visiting her family in Scotland, catching up with friends and working at Dorchester hospital. All the staff and children will miss her deeply and wish her a fond farewell. They would also like to thank Mr Pyrke and Mrs Quinn for all of their hard work this year. Mr

Pyrke is moving onto a new and exciting job opportunity using his building skills and Mrs Quinn will be expanding her 'Forest School' business. The picture on the left shows Mrs Howarth's final school trip this year where she helped at the Ancient Technology Centre by running down to the village to buy packed lunches for two children who had forgotten to bring their own.



**Summer Sport for William Barnes Pupils!** It's been a jam-packed term with competitive sport for our children, both in-house and against the primary schools that are part of the Sturminster Newton pyramid. This term has seen QuadKids, Aquathlon, Athletics competition, Sports Day, house competitions, Run Around Rounders, Rounders and Cross Country events, giving a huge percentage of our children the opportunity to play competitive sport. Congratulations to the year 3 and 4 children that competed in the QuadKids event hosted by William Barnes.



The children had to compete in 2 running, a jumping, and a throwing event. The results from these events were put into a spreadsheet that generated a team score, taking into account all team members times and distances. I am pleased to say that William Barnes finished the event in 1<sup>st</sup> place and special recognition goes to Ezra, who finished 1<sup>st</sup> as an individual.

The athletics competition at Sturminster Newton High School is always a highly anticipated event and this year was no different. Children from Key Stage 2 competed in running, throwing and jumping events. The scorching afternoon added an extra element to the pressures of competing but William Barnes held their own, finishing 1<sup>st</sup> in many of the events. Child Okeford finished 1<sup>st</sup> overall with William Barnes close behind in 2<sup>nd</sup>. Full results, including individual podium finishes, can be found on our Physical Education and Sport notice board inside the school hall.

June 23<sup>rd</sup> saw Key Stage 1 children the chance to show their sporting prowess during Run Around Rounders. This year saw 166 year 1 and 2 children attend the Sturminster Newton Recreation Ground for a morning of physical activity and rounders games. The morning was kick-started by mixing the children up into teams before completing mini-games aimed to support the skills needed to play rounders. After lots of socialising and fun, the children took a snack break before beginning games of rounders. William Barnes children were well-rehearsed in the rules and it was fantastic to see them supporting and encouraging new friends from visiting schools while playing. A massive thank you goes out to all the staff that helped this event run smoothly.

The penultimate summer event was held on a torrentially wet afternoon... The Aquathlon consists of a team of four swimming eight lengths of the school pool, then putting on a t-shirt and



trainers before

running half a lap of the recreation ground. In total, 11 teams attended, which included 3 William Barnes teams. Well done to William Barnes year 5 A team who completed this gruelling challenge in 6 minutes and 9 seconds, finishing 4<sup>th</sup> overall. Special thanks to Mr Field who spent a lonely 90 minutes stood in the middle of the recreation ground encouraging the running despite the dismal rainfall...

Each year, William Barnes Primary School applies for the nationally recognised School Games Mark. The School Games Mark recognises a school's involvement and engagement while celebrating keeping young people active. For the academic year 2022/23, William Barnes have been awarded the **Gold Mark**. A thank you and well done to all children that have supported, participated, competed, organised and lead sporting activities this year! (JN)





**Successful year of phonics in year 1!** Early reading and phonics are vital skills that children need to learn to give them a good grounding in developing fluency in reading. Each morning in Reception and Year 1, the classes begin with a phonics sessions that focusses on particular sounds. The children focus on learning the phoneme-grapheme correspondence through the Floppy's Phonics programme. Books that are borrowed for home-school reading, link to the sounds that have been taught and allow the children the opportunity to become secure in identifying and reading these sounds. It has been a pleasing year for year 1 children who had to undertake the 'Phonics Screening Check' in June. The class impressed with their knowledge and ability to decode real and alien words with a very large percentage reaching the pass mark. Thank you to the parents who have joined in with our phonics learning on a Monday morning and for all of the reading at home - it makes a substantial difference to your child's reading ability. (JN)



**Let Loose!** The penultimate week of term saw the Key Stage Two Performance 'Let Loose'. A matinee performance and two sell-out evening performances received rave reviews from all who attended. A big thank you to all who supported by attending, by making sure their children attended, by donating and by lending crucial props and costumes. (RF)

**Rain Subsides for Family Festival Go Ahead** The PTFA were looking closely at the weather forecast throughout Friday afternoon in the hope that the heavy showers would pass before the final performance of 'Let Loose!' came to an end. As the final song drew to a close, and many a tear fell from the eyes of the children and adults in the hall a decision was made to hold the Family Festival outside as the rain had stopped at exactly the right time. Everyone then seemed to be stacking chairs, moving tables and creating stalls. The bar was opened, hot dogs cooked and various stalls appeared from nowhere. Following a great vocal performance in the hall from Ellianah in year 5's mum, the evening continued with a display of Bulgarian folk music and dancing on the playground, an event that everyone was looking forward to. The staff and children would like to thank the PTFA and Mrs Baker in particular, for all their hard work in making the event a success.



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## Generic INTENT

Vision		Mission
<ul style="list-style-type: none"> <li>*An inspirational, stimulating and well-resourced environment</li> <li>*A safe and secure school at the heart of the community</li> <li>*Inquiry, independence and enthusiasm for learning</li> </ul>	<ul style="list-style-type: none"> <li>*Preparing all children for life</li> <li>*A high quality professional team</li> <li>*Taking pride in all our achievements</li> <li>*High standards of behaviour</li> </ul>	Where every child counts
<p>Excellent teaching gives children the life chances they deserve...Enjoyment is the birthright of every child. The most powerful mix is the one that brings the two together. Children learn better when they are excited and engaged – but what excites and engages them best is truly excellent teaching. Education is for all, not the few. All children have the right to be the best they can be. We foster a love of learning and the development of the well-rounded child.</p>		
<p><b>Preparing Children for Life</b></p> <p>We believe that we are preparing children for 21<sup>st</sup> Century life. We aim for them to be independent thinkers, confident learners and global citizens, equipped to live and work in and contribute to the global economy.</p>		
<p><b><u>Aims and Objectives</u></b></p> <p><u>At William Barnes Primary School, we believe that children deserve:</u></p> <ul style="list-style-type: none"> <li>• To be set appropriate and stimulating learning challenges</li> <li>• To be taught well and be given the opportunity to learn in ways that maximise the chances of success</li> <li>• To be given quality feedback which highlights successes and areas for improvement.</li> <li>• To have adults working with them to tackle the specific barriers to progress they face.</li> </ul> <p><u>It is also our aim that :</u></p> <ul style="list-style-type: none"> <li>• Children develop a lasting love of all aspects of learning which will aid and enhance their further education and life.</li> <li>• Children are given the opportunity to experience the widest variety of the written and spoken word possible - a vocabulary rich curriculum and school experience. This includes trips to pantomimes, art galleries and orchestral concerts.</li> <li>• Children develop a healthy lifestyle this is supported by Active Learning, The Daily Mile, Wake and Shake and a robust healthy eating policy.</li> </ul>		
<p><b><u>Knowledge and Skills</u></b></p> <p>As a school, we believe in the equal relationship between knowledge and skills in our curriculum.</p> <p>We believe that:</p> <ul style="list-style-type: none"> <li>• Knowledge can be declarative ( to know that ) or Procedural ( to know how ).</li> <li>• Both these forms are important and that Declarative knowledge is turned into Procedural knowledge through action and the act of applying.</li> <li>• Skills can be Procedural knowledge as a result of the application of Declarative knowledge.</li> <li>• Skills can be linked to dispositions and behaviours.</li> </ul> <p>In short, skills often procedural knowledge and are linked intrinsically to declarative knowledge.</p> <p>We prefer to see the debate laid out as:</p> <div style="border: 1px solid black; padding: 10px; margin-top: 10px;"> <p>Knowledge → Comprehension → Application → Evaluation</p> </div>		
<p><b><u>Global Community</u></b></p> <p>We aim to equip our children for living in, and contributing to, a secure, transformative and sustainable world.</p>		<p><b><u>Parents</u></b></p> <p>"For all children, the quality of the home learning environment is more important for intellectual and social development than parental occupation, education and income. What parents do is more important than who parents are." (EPPE)</p>



# Physical activity for children and young people (5–18 Years)



BUILDS  
CONFIDENCE &  
SOCIAL SKILLS



MAINTAINS  
HEALTHY  
WEIGHT



DEVELOPS  
CO-ORDINATION



STRENGTHENS  
MUSCLES  
& BONES



IMPROVES  
SLEEP



IMPROVES  
CONCENTRATION  
& LEARNING



IMPROVES  
HEALTH  
& FITNESS

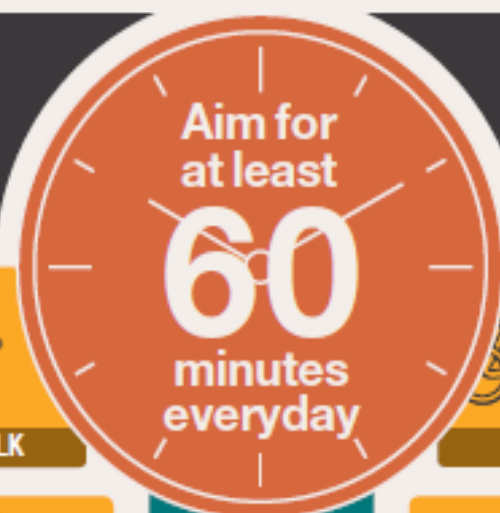


MAKES  
YOU FEEL  
GOOD

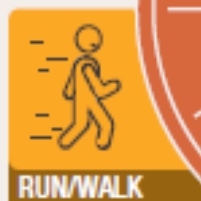
## Be physically active

Spread activity  
throughout  
the day

All activities  
should make you  
breathe faster  
& feel warmer



PLAY



RUN/WALK



BIKE



ACTIVE TRAVEL



SWIM



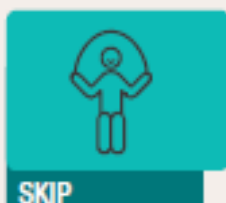
SKATE



SPORT



PE



SKIP



CLIMB

Include muscle  
and bone  
strengthening  
activities  
**3 TIMES  
PER  
WEEK**



WORKOUT



DANCE

## Sit less



LOUNGING

## Move more

Find ways to help all children and young people accumulate  
at least 60 minutes of physical activity everyday



# Online Safety

Follow the SMART rules to help stay safe online.

## Safe



Stay **safe** online by not sharing your personal information.



## Meet



Do not **meet** anyone who you have only become friends with online.



## Accept



Do not **accept** messages and friend requests from people you do not know.



## Reliable



Not everything online is **reliable**. People online are strangers and you can't always trust everything they say.



## Tell



**Tell** an adult you trust if anything happens online that you do not like.



Be careful what you share online!

Stop and think before you share information online.  
Don't say or do anything that you wouldn't do in the real world!

